Seasonal Produce Guide - Melbourne/VIC

FRUIT

| Apples | Spring | Summer | Autumn | Winter |
| :---: | :---: | :---: | :---: | :---: |
| Apricots | Spring | Summer | Autumn | Winter |
| Bananas | Spring | Summer | Autumn | Winter |
| Berries | Spring | Summer | Autumi | Winter |
| Cherries | Spring | Summer | Autumn | Winter |
| Figs | prin | Summer | Autumn | Winter |
| Grapefruit | Spring | Summer | Autumn | Winter |
| Grapes | rin | Summer | Autumn | Vinte |
| Kiwifruit | Spring | Summer | Autumn | Winter |
| Lemons | Spring | Summer | Autumn | Winter |
| Limes | Spring | Summer | Autumn | Winter |
| Mandarins (Imperial) | Spring | ummel | Autumn | Winter |
| Melons | Spring | Summer | Autumn | Winter |
| Oranges (Navel) | prin | summer | Autumn | Winter |
| Oranges (Valencia) | Spring | Summer | Autumn | Winter |
| Peaches | prin | Summer | Autumn | Winter |
| Pears | Spring | Summer | Autumn | Winter |
| Plums | pring | Summer | Autumn | Vinter |
| Strawberries | Spring | Summer | Autumn | Vin |

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VEGETABLES

| Artichokes (Globe) | Spring | Summer | Autumn | Winter |
| :---: | :---: | :---: | :---: | :---: |
| Artichokes (Jerusalem) |  | mm | utum | Winter |
| Asparagus | Spring | Summer | Autumn | Winter |
| Basil | pring | Summer | Autumn | Winter |
| Beans | Spring | Summer | Autumn | Winter |
| Beans (Broad) | Spring | umme | Autumn | Winter |
| Beetroot | Spring | Summer | Autumn | Winter |
| Broccoli | Spring | me | Autumn | Winter |
| Brussel Sprouts | Spring | Summer | Autumn | Winter |
| Cabbage | Spring | mme | Autumn | Winter |
| Capsicum | Spring | Summer | Autumn | Winter |
| Carrots | Spring | Summer | Autumn | Winter |
| Cauliflower | Spring | Summer | Autumn | Winter |
| Celery | pring | ummer | Autumn | Winter |
| Chillies | Spring | Summer | Autumn | Winter |
| Corn | Srins | Summer | Autumn | Winter |
| Cucumbers | Spring | Summer | Autumn | Winter |
| Eggplant |  | Summer | Autumn | Vinter |
| Leeks | Spring | Summer | Autumn | Winter |
| Lettuce | Spring | Summer | Autumn | Winter |
| Onions | Spring | Summer | Autumn | Winter |
| Parsley | Spring | Summer | Autumn | Winter |
| Parsnips | Spring | Summer | Autumn | Winter |
| Peas | Spring | Summer | Autumn | Winter |
| Peas (Snow) | Spring | Summer | Autumn | Winter |
| Potatoes | Spring | Summer | Autumn | Winter |
| Rhubarb | Spring | Summer | Autumn | Winter |
| Silverbeet | Spring | Summer | Autumn | Winter |
| Spinach | Spring | Summer | Autumn | Winter |
| Spring Onion | Spring | Summer | Autumn | Winter |
| Squash | Spring | Summer | Autumn | Winter |
| Sweet Potatoes |  | ner | Autumn | inter |
| Tomatoes | Spring | Summer | Autumn | Winter |
| Turnips |  |  |  | Winter |
| Zucchini | Spring | Summer | Autumn | Winter |

